



## **Mask Fatigue: Workers Claim Anxiety, Headaches And Shortness Of Breath**

Technocrats don't care if people get sick from wearing masks. They also don't care about the ancillary deaths that have occurred because of lockdowns and the millions put out of work after destroying the economic system. They feign compassion for few people dying from a virus while shoving the rest of the population off the cliff.

This is the tip of the iceberg. TN has been warning for months on the negative health effects of wearing face masks, independent of the fact that they have no effect on the spread of a virus. As mask mandates continue, the effects will be seen more clearly. □ TN Editor

The mask mandate to keep Texans from spreading COVID-19 is coming with some side effects.

Some people who are forced to wear face masks all day in the workplace complain of headaches, shortness of breath and anxiety.

Whether the elastic is too tight or the cloth is too thick, there are a lot of

reasons for mask fatigue that people who wear them for long periods are starting to experience.

***Las Vegas doctor says patients experiencing 'mask fatigue,' concerned for hot temperatures***

Nearly three months of wearing a face mask everyday has taken a toll on the women who work at Southern Sisters Salon in McKinney.

Like a lot of workplaces in North Texas, masks are mandatory, but for some of those forced to wear them, they are miserable.

The salon employees say keeping candy and mints in their mouths helps and they take as many outdoor breaks as possible.

The women who work there say they know masks are necessary for the business to stay open and for now are willing to put up with the discomfort.

“When I have long days, if it’s a 12 hour day, I’m sick when I get home,” said Courtney Warnell. “Sick to my stomach. As soon as the I get in the car I’m pulling it off and I don’t want to do anything else. I just want to go home and be mask-free.

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